

## From grain to bread



How is bread actually made? And what does it consist of?

The children playfully deal with this in a circle of chairs, at various stations and in the school kitchen.

The course is structured in a practical and action-oriented way and ties in with the children's life experiences.

The children learn about regionally grown grains, the biological cycle of growing grain on the organic farm and the processing of wheat grains into wholemeal flour, oat and spelt flakes and into rolls.

All products used are organically grown. In the teaching kitchen of the environmental centre, the children first make wholemeal flour and then a dough from home-ground grain in small groups, form rolls and then bake them in our wood-fired stone oven.

The morning ends with a meal together, during which the freshly baked rolls are eaten.

## Experience in nature/ forest



Children experience the forest as a habitat for animals, plants and also for humans. Ecological relationships and different phenomena depending on the season are investigated. As a rule, you

come with the school class to the Hollen Environmental Centre, and we go together to a nearby forest area. The forest educator decides for each class individually about the actual course content- based on the existing knowledge the pupils already have. Course elements are:

- Active listening in the forest
- Game trail (Pirschpfadspiel) & nest building game
- Free-play sessions
- Tippi construction & insect search using magnifying cups

## All about organic chicken



This course is all about the chicken. On Christina Stromeyer's organic farm in Schohasbergen, the children experience species-appropriate chicken farming.

The course is supervised by our instructors and teaches in a playful and practice-oriented way what chickens need to be happy. We also take a look at the mobile chicken coop and collect eggs.

Other content includes:

- How do I know if an egg is still eatable?
- What pecks a chicken?
- What are the typical behaviors of chickens?
- Climate-relevant advantages of organic farming, e.g. due to the renunciation of chemical-synthetic fertilizers